



Quotes 101

**Condensed and annotated
by
Jackson Koller**



Introduction

Welcome to this collection of quotes. . .

I remember having a book like this back in high school (don't snicker I can too remember that far back), how interesting and profound it was to me then.

I hope that these may cause you to pause and consider them as they did for me.

Have a great inspired life...

In thoughts we live,

A handwritten signature in cursive script, reading "Jackson Koller". The signature is written in a dark green or brown ink and is positioned in the lower right area of the page.



**“Some leaders are born women.”
—United Nations conference slogan**

**“One machine can do the work of fifty ordinary men. No machine can do the work of one extraordinary man.”
—Elbert Hubbard**

**“It doesn’t matter who my father was; it matters who I remember he was.”
—Anne Sexton**

Don’t spread yourself thin:

**“To do two things at once is to do neither.”
—Publius Syrus**

**“Concentrate your energies, your thoughts and your capital.... The wise man puts all his eggs in one basket and watches the basket.”
—Andrew Carnegie**

**“Each man is capable of doing one thing well. If he attempts several, he will fail to achieve distinction in any.”
—Plato**

**“The brighter you are, the more you have to learn.”
—Don Herold**

**“There is no sadder sight than a young pessimist.”
—Mark Twain**

**“If one truly has lost hope, one would not be around to say so.”
—Eric Bentley**

If you have a digital organizer, use it!

**“Lost time is like a run in a stocking. It always gets worse.”
—Ann Morrow Lindbergh**

**“The ability to concentrate and use time well is everything.”
—Lee Iacocca**

**“Let me tell thee, time is a very precious gift of God; so precious that it is only given to us moment by moment.”
—Amelia Barr**

**“The best thing about the future is that it comes only one day at a time.”
—Abraham Lincoln**



“In the face of uncertainty, there is nothing wrong with hope.”

— O. Carl Simonton

“When patterns are broken, new worlds emerge.”

— Tuli Kupferberg

To be successful in life, learn the art of prioritizing:

“One cannot collect all the beautiful shells on the beach.”

—Anne Morrow Lindbergh

“Pick battles big enough to matter, small enough to win.”

—Jonathan Kozol

“First things first, second things never.”

—Shirley Conran

“Become so wrapped up in something that you forget to be afraid.”

—Lady Bird Johnson

“Happiness is a Swedish sunset; it is there for all, but most of us look the other way and lose it.”

—Mark Twain

“Beware of dissipating your powers; strive constantly to concentrate them.”

—Johann von Goethe

Sometimes the best thing is just to go with the flow:

“Life just is. You have to flow with it. Give yourself to the moment. Let it happen.”

—Jerry Brown

“Life is what happens to us while we are making other plans.”

—Thomas La Mance

“Life is like a blanket too short. You pull it up and your toes rebel, you yank it down and shivers meander about your shoulder; but cheerful folks manage to draw their knees up and pass a very comfortable night.”

—Marion Howard

“Life’s under no obligation to give us what we expect.”

—Margaret Mitchell

“There are two things to aim at in life: first, to get what you want; and after that, to enjoy it. Only the wisest of mankind achieve the second”

—Logan Pearsall Smith



“Faith is the only known cure for fear.”

—Lena K. Sadler

Maintain your independence whenever it’s possible:

“The proverb warns that, ‘You should not bite the hand that feeds you.’ But maybe you should, if it prevents you from feeding yourself.”

—Thomas Szasz

“The greatest thing in the world is to know how to be self-sufficient.”

—Michel de Montaigne

“Lord of himself, though not of lands, / And having nothing, yet hath all.”

—Henry Wotton

“I have accepted fear as part of life – specifically the fear of change I have gone ahead despite the pounding in the heart that says: turn back . . .”

—Erica Jong

“A wise man will make more opportunities than he finds.”

—Francis Bacon

“It isn’t until you come to a spiritual understanding of who you are – not necessarily a religious feeling, but deep down, the spirit within—that you can begin to take control.”

—Oprah Winfrey

Don’t confuse wealth and success with happiness:

“It is neither wealth nor splendor, but tranquility and occupation, which give happiness.”

—Thomas Jefferson

“Success can also cause misery. The trick is not to be surprised when you discover it doesn’t bring you all the happiness and answers you thought it would.”

—the artist formerly known as Prince

“It’s pretty hard to tell what does bring happiness; poverty and wealth have both failed.”

—Kin Hubbard

“Each day, and the living of it, has to be a conscious creation in which discipline and order are relieved with some play and pure foolishness.”

—May Sarton



“What is now proved was once imagined.”

—William Blake

“No matter how big or soft or warm your bed is, you still have to get out of it.”

—Grace Slick

Concentrate!:

“Concentration is everything. On the day I’m performing, I don’t hear anything anyone says to me.”

—Luicano Pavarotti

“Do whatever you do intensely.”

—Robert Henri

“Other people’s interruptions of your work are relatively insignificant compared with the countless times you interrupt yourself.”

—Brendan Francis

“I have lived my life according to this principle: If I’m afraid of it, then I must do it.”

—Erica Jong

“The greatest wisdom often consists in ignorance.”

—Baltasar Gracian

“I go at what I am about as if there was nothing else in the world for the time being.”

—Charles Lingsley

Remember that wealth is relative:

“He is poor who does not feel content.”

—Japanese proverb

“If your desires be endless, your cares and fears will be so, too.”

—Thomas Fuller

“I have the greatest of all riches: that of not desiring them.”

—Eleonora Duse

“A successful marriage requires falling in love many times, always with the same person.”

—Mignon McLaughlin

“The human mind can bear plenty of reality, but not too much intermittent gloom.”—Margaret Drabble



“Speak when you’re angry – and you’ll make the best speech you’ll ever regret.”

—Laurence Peter

Follow your bent, not just your wallet:

“Give me a man who sings at his work.”

—Thomas Carlyle

“Never desert your own line of talent. Be what nature intended you for, and you will succeed.”

—Sydney Smith

“I love Mickey Mouse more than any woman I’ve ever known.”

—Walt Disney

“You have to count on living every single day in a way you believe will make you feel good about your life - so that if it were over tomorrow, you’d be content with yourself.”

—Jane Seymour

“Confidence imparts a wonderful inspiration to its possessor.”

—John Milton

“A successful marriage is not a gift; it is an achievement.”

—Ann Landers

Don’t pass over the present while planning for the future:

“If a man carefully examines his thoughts he will be surprised to find how much he lives in the future. His well-being is always ahead.”

—Ralph Waldo Emerson

“I got the blues thinking of the future, so I left off and made some marmalade. It’s amazing how it cheers one up to shred oranges and scrub the floor.”

—D. H. Lawrence

“By-and-by never comes.”

—St. Augustine

“Each day is a new life. Seize it. Live it.”

—David Guy Powers

“Impulse without reason is not enough, and reason without impulse is a poor makeshift.”

—William James



**“One should only see a psychiatrist out of boredom.”
—Muriel Spark**

Learn about business from sports:

“You’ve got to win in sports — that’s talent — but you’ve also got to learn how to remind everybody how you did win, and how often. That comes with experience.”

—Billie Jean king

“[Notre Dame Football coach Knute] Rockne wanted nothing but ‘Bad Losers.’ Good losers get into the habit of losing.”

—George E. Allen

“[Business is] like swimming: you have to know when to sprint and when not to sprint. You learn how to conserve so you can concentrate on what’s in front of you.”

—Charles Urstadt, real estate executive and champion swimmer

“Marriage is not just spiritual communion and passionate embraces; marriage is also three meals a day, sharing the workload and remembering to carry out the trash.”

—Dr. Joyce Brothers

“Sweat plus sacrifice equals success.”

—Charles O. Finley

“Expect trouble as an inevitable part of life and repeat to yourself the most comforting words of all: This, too, shall pass.”

—Ann Landers

Worrying is a waste of your time:

“Happy the man who has broken the chains which hurt the mind, and has given up worrying, once and for all.”

—Ovid

“What worries you, masters you.”

—Haddon W. Robinson

“Don’t hurry, don’t worry. You’re only here for a short visit. So be sure and stop to smell the flowers.”

—Walter Hagen



“Doubt indulged soon becomes doubt realized.”

—Francis R. Havergal

“Don’t let other people tell you what you want.”

—Pat Riley

“We are what we believe we are.”

—Benjamin N. Cardozo

Sometimes acceptance is just as important as striving and struggle:

“Acceptance of what happened is the first step to overcoming the consequence of any misfortune.”

—William James

“Things turn out best for people who make the best of the way things turn out.”

—Anon.

“What we call reality is an agreement that people have arrived at to make life more livable.”

—Louise Nevelson

“Your future depends on many things, but mostly on you.”

—Frank Tyger

“What we think, we become.”

—Buddha

“Choosing a goal and sticking to it changes everything.”

—Scott Reed

Be careful that money doesn’t overshadow meaning in your life:

“Success is important only to the extent that it puts one in a position to do more things one likes to do.”

—Sara Caldwell

“Try not to become a man of success but rather try to become a man of value.”

—Albert Einstein

“To me success means effectiveness in the world, that I am able to carry my ideas and values into the world – that I am able to change it in positive ways.”

—Maxine Hong Kingston



“I want to do it because I want to do it.”

—Amelia Earhart

“In not making the decision, you’ve made one. Not doing something is the same as doing it.”

—Ivan Bloch

“Every moment that I am centered in the future, I suffer a temporary loss of this life.”

—Hugh Prather

Don’t hold people to too high a standard:

“When nobody around you measures up, it’s time to check your yardstick.”

—Bill Lemly

“Because you’re not what I would have you be, I blind myself to who, in truth, you are.”

—Madeline L’Engle

“If you expect perfection from other people, your whole life is a series of disappointments, grumbling and complaints. If, on the contrary, you pitch your expectations low, taking folks as the inefficient creatures which they are, you are frequently surprised by having them perform better than you had hoped.”

—Bruce Barton

“People who never get carried away should be.”

—Malcolm Forbes

“Every great mistake has a halfway moment, a split second when it can be recalled and perhaps remedied.”

—Pearl S. Buck

“Life is a battle in which we fall from wounds we receive in running away.”

—William L. Sullivan

Be realistic in assessing your ability:

“If you count all your assets you always show a profit.”

—Robert Quillen

“Analyzing what you haven’t got as well as what you have is a necessary ingredient of a career.”

—Grace Moore

“Just do what you do best.”

—Red Auerbach



“Whatever you do, don’t give up. Because all you can do once you’ve given up is bitch. I’ve known some great bitches in my time. With some it’s a passion, with others an art.”

—Molly Ivins

“The secret of a leader lies in the tests he has faced over the whole course of his life and the habit of action he develops in meeting those tests.”

—Gail Sheehy

“The truth is more important than the facts.”

—Frank Lloyd Wright

If taking vitamins doesn’t keep you healthy enough, try more laughter:

“The most wasted of all days is that on which one has not laughed.”

—Nicolas-Sebastien Chamfort

“Laughter is a tranquilizer with no side effects.”

—Arnold Glasow

“We are all here for a spell, get all the good laughs you can.”

—Will Rogers

“One must change one’s tactics every ten years if one wishes to maintain one’s superiority.”

—Napoleon Bonaparte

“A great obstacle to happiness is to expect too much happiness.”

—Bernard de Fontenelle

“Success usually comes to those who are too busy to be looking for it.”

—Henry David Thoreau

Take the best medicine of all for what ails you — laughter:

“Laughter is a tranquilizer with no side effects.”

—Arnold Glasow

“Laughter is by definition healthy.”

—Doris Lessing

“If somebody makes me laugh, I’m his slave for life.”

—Bette Midler

“Life can be real rough . . . you can either learn from your problems, or keep repeating them over and over.”

—Marie Osmond

“Creating success is tough. But keeping it is tougher. You have to keep



producing, you can never stop.”

—Pete Rose

“Losses are comparative, only imagination makes them of any moment.”

—Blaise Pascal

1 - 2 - 3 is a good order in which to do most anything:

“You decide what it is you want to accomplish and then lay out your plans to get there, and then you just do it. It’s pretty straightforward.”

—Nancy Ditz

“First say to yourself what you would be, and then do what you have to do.”

—Epictetus

“Making the simple complicated is commonplace; making the complicated simple, awesomely simple, that’s creativity.”

—Charles Mingus

“Any man’s life will be filled with constant and unexpected encouragement if he makes up his mind to do his level best each day.”

—Booker T. Washington

“I walk firmer and more secure up hill than down.”

—Michel de Montaigne

“We cannot solve life’s problems except by solving them.”

—M. Scott Peck

Don’t even try to understand love:

“There isn’t any formula or method. You learn to love by loving — by paying attention and doing what one thereby discovers has to be done.”

—Aldous Huxley

“Love involves a peculiar unfathomable combination of understanding and misunderstanding.”

—Diane Arbus

“If love is the answer, could you please rephrase the question?”

—Lily Tomlin

“That some should be rich shows that others may become rich, and hence is just encouragement to industry and enterprise.”

—Abraham Lincoln

“No one can help you in holding a good job except Old Man You.”

—Edgar Watson Howe



“If you are ashamed to stand by your colors, you had better seek another flag.”

—Anon.

Don’t make the mistake of thinking that there’s only one course for a relationship to take:

“The biggest mistake is believing that there is one right way to listen, to talk, to have a conversation – or a relationship.”

—Deborah Tannen

“We measure success and depth by length of time, but it is possible to have a deep relationship that doesn’t always stay the same.”

—Barbara Hershey

“Ideally, couples need three lives; one for him, one for her, and one for them together.”

Jacqueline Bisset

“Life is either always a tightrope or a feather bed. Give me the tightrope.”

—Edith Wharton

“No one is happy all his life long.”

—Euripides

“It’s easy to be independent when you’ve got money. But to be independent when you haven’t got a thing — that’s the Lord’s test.

—Mahalia Jackson

Use your memory positively, not just for nostalgia:

“One thing you will probably remember well is anytime you forgive and forget.”

—Franklin P. Jones

“God gave us memory that we might have roses in December.”

—James M. Barrie

“We must always have old memories and young hopes.”

—Arsene Houssaye

“I always say shopping is cheaper than a psychiatrist.”

—Tammy Faye Baker

“Everyday ask yourself the question, ‘Do I want to experience Peace of Mind or do I want to experience Conflict?’”

—Gerald Jampolsky



“If you want a place in the sun, you have to put up with a few blisters.”
—Abigail Van Buren

Take responsibility when you goof:

“Mistakes fail in their mission of helping the person who blames them on the other fellow.”

—Henry S. Haskins

“When you blame others you give up your power to change.”

—Anon.

“Fair play with others is primarily not blaming them for anything that is wrong with us.”

—Eric Hoffer

“All effort is in the last analysis sustained by the faith that it is worth making.”

—Ordway Tead

“A failure is a man who has blundered, but is not able to cash in on the experience.”

—Elbert Hubbard

“The more I want to get something done, the less I call it work.”

—Richard Bach

To maximize your chance to be happy, keep busy:

“The only way to avoid being miserable is not to have enough leisure to wonder whether you are happy or not.”

—George Bernard Shaw

“Happiness walks on busy feet.”

—Kitte Turmell

“To attain happiness in another world we need only to believe something; to secure it in this world, we must do something.”

—Charlotte Perkins Gilman

“Life is either a daring adventure or nothing.”

—Helen Keller

“Wise Man: One who sees the storm coming before the clouds appear.”

—Elbert Hubbard

“I’ve been rich and I’ve been poor; rich is better.”

—Sophie Tucker



If you're managing something, try to keep it small, simple and flexible:

**“Any fool can make a rule.”
—Henry David Thoreau**

**“Bureaucracy is a giant mechanism operated by pygmies.”
—Honore de Balzac**

**“Bureaucracy is nothing more than the hardening of an organization's arteries.”
—William P. Anthony**

**“The man who has no inner life is the slave of his surroundings.”
—Henri Frederic Amiel**

**“Never let a fool kiss you or a kiss fool you.”
—Joey Adams**

**“The wisdom of life consists in the elimination of nonessentials.”
—Lin Yutang**

Marriage is a work in progress, so keep working at it:

**“The more you invest in a marriage, the more valuable it becomes.”
—Amy Grant**

**“We all have a childhood dream that when there is love, everything goes like silk, but the reality is that marriage requires a lot of compromise.”
—Raquel Welch**

**“A sound marriage is not based on complete frankness; it is based on a sensible reticence.”
—Morris L. Ernst**

**“My greatest strength as a consultant is to be ignorant and ask a few questions.”
—Peter Drucker**

**“No man knows his true character until he has run out of gas, purchased something on the installment plan and raised an adolescent.”
—Mercelene Cox**

**“If you are afraid of being lonely, don't try to be right.”
—Jules Renard**

Don't be fooled by appearances:

“Examine the contents, not the bottle.”—The Talmud



“I think women see me on the cover of magazines and think I never have a pimple or bags under my eyes. You have to realize that’s after two hours of hair and makeup, plus retouching. Even I don’t wake up looking like Cindy Crawford.”

—Cindy Crawford

“Judge a tree from its fruit; not from the leaves.”

—Euripedes

“Patience and fortitude conquer all things.”

—Ralph Waldo Emerson

“Avoiding danger is no safer in the long run than outright exposure. The fearful are caught as often as the bold.”

—Helen Keller

“If you think you can, you can. And if you think you can’t, you’re right.”

—Mary Kay Ash

If you decide to go for it, do it with spirit:

“Sometimes success is due less to ability than to zeal.”

—Charles Buxton

“The world belongs to the energetic.”

—Ralph Waldo Emerson

“A man can succeed at almost anything for which he has unlimited enthusiasm.”

—Charles M. Schwab

“The impossible is often the untried.”

—Jim Goodwin

“Silence is one of the hardest things to refute.”

—Josh Billings

“The family you come from isn’t as important as the family you’re going to have.”

—Ring Lardner

When you travel, leave the beaten path and learn something new:

“If you reject the food, ignore the customs, fear the religion and avoid the people, you might better stay home.”

—James Michener



“Natives who beat drums to drive off evil spirits are objects of scorn to smart Americans who blow horns to break up traffic jams.”

—Mary Ellen Kelly

“Through travel I first became aware of the outside world; it was through travel that I found my own introspective way into becoming a part of it.”

—Eudora Welty

“Courage is rarely reckless or foolish . . . courage usually involves a highly realistic estimate of the odds that must be faced.”

—Margaret Truman

“All serious daring starts from within.”

—Eudora Welty

“Life is not a static thing. The only people who do not change their minds are incompetents in asylums, and those in cemeteries.”

—Everett McKinley Dirksen

Seize the day — it’s the only one you can be sure you’ll have:

“Seize today, and put as little trust as you can in the morrow.”

—Horace

“Redeem thy mis-spent time that’s past: / Live this day, a if ‘twere they last.”

—Bishop Thomas Ken

“The life so short, the craft so long to learn.”

—Hippocrates

“Only passions, great passions, can elevate the soul to great things.”

—Denis Diderot

“You grow up the day you have your first real laugh – at yourself.”

—Ethel Barrymore

“You win the victory when you yield to friends.”

—Sophocles

Budget your time:

“Time is a fixed income and, as with any income, the real problem facing most of us is how to live successfully within our daily allotment.”

—Margaret B. Johnstone

“What we love to do we find time to do.”

—John L. Spalding



**“There is time for everything.”
—Thomas A. Edison**

**“Everything’s in the mind. That’s where it all starts. Knowing what you want is the first step toward getting it.”
—Mae West**

**“Difficulties exist to be surmounted.”
—Ralph Waldo Emerson**

**“Luck is largely a matter of paying attention.”
—Susan M. Dodd**

Cultivate your capacity to give:

**“To give and not to feel that one has given is the very best of all ways of giving.”
—Max Beerbohm**

**“Give, if thou can, an alms; if not, a sweet and gentle word.”
—Robert Herrick**

**“Real unselfishness consists in sharing the interests of others.”
—George Santayana**

**“Our greatest glory consists not in never falling, but in rising every time we fall.”
—Ralph Waldo Emerson**

**“Happy people plan actions, they don’t plan results.”
—Dennis Wholey**

**“All problems become smaller if you don’t dodge them, but confront them.”
—William F. Halsey**

Stressed? Get a pet:

**“The greatest pleasure of a dog is that you may make a fool of yourself with him, and not only will he not scold you, but he will make a fool of himself, too.”
—Samuel Butler**

**“All I need to know I learned from my cat.”
—Suzy Becker**

**“Which of us has not been stunned by the beauty of an animal’s skin or its flexibility in motion?”
—Marianne Moore**



“My advice to you is not to inquire why or whither but just enjoy your ice cream while it’s on your plate – that’s my philosophy.”

—Thornton Wilder (from The Skin of Our Teeth)

“The squeaky wheel doesn’t always get greased; it often gets replaced.”

—John Peers

“There is no substitute for hard work.”

—Thomas Edison

Accept and believe in yourself:

“I care not what others think of what I do, but I care very much about what I think of what I do. That is character!

—Teddy Roosevelt

“From self alone expect applause.”

—Marion L. Burton

“She lacks confidence, she craves admiration insatiably. She lives on the reflections of herself in the eyes of others. She does not care to be herself.”

—Anais Nin

“No leader can be too far ahead of his followers.”

—Eleanor Roosevelt

“Luck is what happens when preparation meets opportunity.”

—Darrel Royal

“Excellence costs a great deal.”

—May Sarton

Next time you start to groan at friend’s pun, ask yourself:

Am I just be jealous?

“A pun is the lowest form of humor — when you don’t think of it first.”

—Oscar Levant

“Hanging is too good for a man who makes puns; he should be drawn and quoted.”

—Fred Allen

“A person reveals his character by nothing so clearly as the joke he re-sents.”

—G. C. Lichtenberg

“When you cease to make a contribution, you begin to die.”

—Eleanor Roosevelt



“Never give way to melancholy; resist it steadily, for the habit will encroach.”

—Sydney Smith

“You may have to fight a battle more than once to win it.”

—Margaret Thatcher

If things at the office get you down, remind yourself of why you’re there:

“No other technique for the conduct of life attaches the individual so firmly to reality as laying emphasis on work; for his work at least gives him a secure place in a portion of reality, in the human community.”

—Sigmund Freud

“If you don’t want to work you have to work to earn enough money so that you won’t have to work.”

—Ogden Nash

“Two can live as cheaply as one – if they both have good jobs.”

—Laurence Peter

“Immense power is acquired by assuring yourself in your secret reveries that you were born to control affairs.”

—Andrew Carnegie

“Hope is a risk that must be run.”

—Georges Bernanos

“When thinking won’t cure fear, action will.”

—W. Clement Stone

Don’t be afraid to make a mistake — go ahead and goof:

“Truth will sooner come out of error than from confusion.”

—Francis Bacon

“If I had my life to live over again, I’d dare to make more mistakes the next time.”

—Nadine Stair

“If I had to live my life again, I’d make the same mistakes, only sooner.”

—Tallulah Bankhead

“Long tresses down to the floor can be beautiful, if you have that, but learn to love what you have.”

—Anita Baker



“It is well to open one’s mind, but only as a preliminary to closing it . . . or the supreme act of judgment and selection.”

—Irving Babbitt

“Optimism is a kind of heart stimulant – the digitalis of failure.”

—Elbert Hubbard

Don’t try too hard to be “well-spoken”:

“The great enemy of clear language is insincerity.”

—George Orwell

“Men . . . employ speech only to conceal their thoughts.”

—Voltaire

“I believe that words can help us move or keep us paralyzed, and that our choices of language and verbal tone have something — a great deal — to do with how we live our lives and whom we end up speaking with and hearing; and that we can deflect words, by trivialization, of course, but also by ritualized respect, or we can let them enter our souls and mix with the juices of our minds.”

—Adrienne Rich

“One must lose one’s life in order to find it.”

—Anne Murrow Lindbergh

“Enthusiasm is nothing more or less than faith in action.”

—Henry Chester

“They can because they think they can.”

—Virgil

Life is tough enough without manufacturing things to worry about:

“Real difficulties can be overcome, it is only the imaginary ones that are unconquerable.”

—Theodore N. Vail

“If I knew what I was so anxious about, I wouldn’t be so anxious.”

—Mignon McLaughlin

“Needless fear and panic over disease and misfortune that seldom materialize are simply bad habits. By proper ventilation and illumination of the mind it is possible to cultivate tolerance, poise and real courage.”

—Elie Metchnikoff



“Life is just a series of trying to make up your mind.”

—Timothy Fuller

“Parents learn a lot from their children about coping with life.”

—Muriel Spark

“Life’s under no obligation to give us what we expect. We take what we get and are thankful it’s no worse than it is.”

—Margaret Mitchell

Don’t assume that you can motivate everyone the same way:

“I tried to treat them like me, and some of them weren’t.”

—Bill Russell (basketball coach, on his players)

“Men are more often bribed by their loyalties and ambitions than by money.”

—Robert H. Jackson

“We know nothing about motivation. All we can do is write books about it.”

—Peter Drucker

“If you don’t do it excellently, don’t do it at all. Because if it’s not excellent, it won’t be profitable or fun, and if you’re not in business for fun or profit, what the hell are you doing there?”

—Robert Townsend

“. . . this thing we call ‘failure’ is not falling down, but the staying down.”

—Mary Pickford

“Rosiness is not a worse windowpane than gloomy gray when viewing the world.”

—Grace Paley

Don’t talk: act!

“Don’t talk about what you have done or what you are going to do—do it and let it speak for itself.”

—Martin Vanbee

“Action is the foundational key to all success.”

—Tony Robbins

“Leadership is action, not position.”

—Donald H. McGannon



“What a man can imagine he may one day achieve.”

—Nancy Hale

“It is never right to compromise with dishonesty.”

—Henry Cabot Lodge, Jr.

“The test of good manners is to be patient with bad ones.”

—Solomon Ibn Gabirol

You have to start somewhere - and you DO have to start!:

“Fear not that thy life shall come to an end, but rather that it shall never have a beginning.”

—John Henry Cardinal Newman

“Can anything be sadder than work unfinished? Yes; work never begun.”

—Christina Rossetti

“Seize opportunity by the beard, for it is bald behind.”

—Bulgarian proverb

“Risk! Risk anything! Care no more for the opinions of others, for those voices. Do the hardest thing on earth for you. Act for yourself. Face the truth.”

—Katherine Mansfield

“Mistakes are part of the dues one pays for a full life.”

—Sophia Loren

“The shoe that fits one person pinches another; there is no recipe for living that fits all cases.”

—C. G. Jung

Solve your problems systematically:

“To solve a problem it is necessary to think. It is necessary to think even to decide what facts to collect.”

—Robert M. Hutchins

“A problem well stated is a problem half solved.”

—Charles Kettering

“A good problem statement often includes: a. what is known; b. what is unknown; and c. what is sought.”

“To know oneself, one should assert oneself.”

—Albert Camus

“Live as if you like yourself, and it may happen.”

—Marge Piercy



**“Friends are lost by calling often and calling seldom.”
—Scottish proverb**

Don’t give in to despair:

Strive to be in a position to do it your way:

**“I don’t want to be a passenger in my own life.”
—Diane Ackerman**

**“No bird soars too high, if he soars with his own wings.”
—William Blake**

**“. . . no price is too high to pay for the privilege of owning yourself.”
—Friedrich Nietzsche**

**“The more sand that has escaped from the hourglass of our life, the clearer we should see through it.”
—Jean-Paul Sartre**

**“Some things...arrive on their own mysterious hour, on their own terms and not yours, to be seized or relinquished forever.”
—Gail Godwin**

**“When angry, count four; when very angry, swear.”
—Mark Twain**

Get to know yourself:

**“The delights of self-discovery are always available.”
—Gail Sheehy**

**“Know thyself.”
—Delphic Oracle, cited by Plutarch**

**“Everyone needs a strong sense of self. It is our base of operations for everything that we do in life.”
—Julia T. Alvarez**

**“I’m not going to limit myself just because people won’t accept the fact that I can do something else.”
—Dolly Parton**

**“We must have courage to bet on our ideas, to take the calculated risk, and to act. Everyday living requires courage if life is to be effective and bring happiness.”
—Maxwell Maltz**



“No one is more likely to make a mistake than the man who acts only on reflection.”

—Luc de Clapiers, Marquis Vauvenargues

Take your hunches seriously:

“Trust your hunches. They’re usually based on facts filed away just below the conscious level.”

—Dr. Joyce Brothers

“A hunch is creativity trying to tell you something.”

—Anon.

“You have first an instinct, then an opinion, then a knowledge, as the plant has root, bud and fruit. Trust the instinct to the end, though you can render no reason.”

—Ralph Waldo Emerson

“We shall never have friends if we expect to find them without fault.”

—Thomas Fuller

“I am responsible for my own well-being, my own happiness. The choices and decisions I make regarding my life directly influence the quality of my days.”

—Kathleen Andrus

“Every time I’ve done something that doesn’t feel right, it’s ended up not being right.”

—Mario Cuomo

Patience!!:

“Patience is a bitter plant, but it has sweet fruit.”

—German proverb

“Time deals gently only with those who take it gently.”

—Anatole France

“Who longest waits most surely wins.”

—Helen Hunt Jackson

“The most destructive element in the human mind is fear. Fear creates aggressiveness; aggressiveness engenders hostility; hostility engenders fear—a disastrous circle.”

—Dorothy Thompson



“Thunder is good, thunder is impressive; but it is lightning that does the work.”

—Mark Twain

“To be tested is good. The challenged life may be the best therapist.”

—Gail Sheehy

Take criticism in your stride - otherwise you'll trip and fall flat on your face:

“To escape criticism - do nothing, say nothing, be nothing.”

—Elbert Hubbard

“Criticism may not be agreeable, but it is necessary. It fulfils the same function as pain in the human body. It calls attention to an unhealthy state of things.”

—Winston Churchill

“Never answer a critic, unless he's right.”

—Bernard Baruch

“Wisdom never kicks at the iron walls it can't bring down.”

—Olive Schreiner

“Fear is nature's warning signal to get busy.”

—Henry Link

“No life is so hard that you can't make it easier by the way you take it.”

—Ellen Glasgow

Think about the future and the past, but live now:

“I can feel guilty about the past, apprehensive about the future, but only in the present can I act.”

—Abraham Maslow

“Today is the blocks with which we build.”

—Henry Wadsworth Longfellow

“Don't waste today regretting yesterday instead of making a memory for tomorrow.”

—Laura Palmer

“Everybody knows that if you are too careful you are so occupied in being careful that you are sure to stumble over something.”

—Gertrude Stein



“If you don’t know where you are going, you will probably end up somewhere else.”

—Laurence J. Peter and Raymond Hull

“Knowledge is power, if you know it about the right person.”

—Ethel Watts Mumford

Aim higher than your reach:

“When you reach for the stars, you may not quite get them, but you won’t come up with a handful of mud, either.”

—Leo Burnett

“Our business in life is not to get ahead of others, but to get ahead of ourselves—to break our own records, to outstrip our yesterday by our today.”

—Stewart B. Johnson

“Hitch your wagon to a star.”

—Ralph Waldo Emerson

“Don’t ask of your friends what you yourself can do.”

—Quintus Ennius

“It’s hard to fight an enemy who has outposts in your head.”

—Sally Kempton

“The efficient man is the man who thinks for himself.”

—Charles W. Eliot

Don’t play the blame game:

“Do you wish to find out a person’s weak points? Note the failings he has the quickest eye for in others. They may not be the very failings he is himself conscious of; but they will be their next-door-neighbors.”

—Julius Hare

“Life appears to me too short to be spent in nursing animosity or registering wrong.”

—Charlotte Bronte

“Take your life in your own hands, and what happens? A terrible thing: no one to blame.”

—Erica Jong

“Whatever I do, I give up my whole self to it.”

—Edna St. Vincent Millay

“Inches make a champion.”

—Vince Lombardi



“You cannot be friends upon any other terms than upon the terms of equality.”

—Woodrow Wilson

Don't use “circumstances” as a reason not to act:

“Circumstances - what are circumstances? I make circumstances.”

—Napoleon Bonaparte

“We will either find a way, or make one.”

—Hannibal

“You have to take it as it happens, but you should try to make it happen the way you want to take it.”

—German proverb

“When you get to the end of your rope, tie a knot and hang on.”

—Franklin Delano Roosevelt

“Think wrongly if you please, but in all cases think for yourself.”

—Doris Lessing

“The greatest general is he who makes the fewest mistakes.”

—Napoleon

You must believe in yourself:

“Great things are accomplished by talented people who believe they will accomplish them.”

—Warren Bennis

“I was always looking outside myself for strength and confidence but it comes from within. It is there all the time.”

—Anna Freud

“Nothing splendid has ever been achieved except by those who dared believe that something inside them was superior to circumstance.”

—Bruce Barton

“The less of routine, the more of life.”

A. B. Alcott

“Let us endeavor so to live that when we come to die even the undertaker will be sorry.”

—Mark Twain

“Lord grant that I may always desire more than I can accomplish.”

—Michelangelo



Be hopeful especially when things look grim:

**“If you can’t change your fate, change your attitude.”
—Amy Tan**

**“And thou shalt be secure, because there is hope.”
—Job, 11:18**

**“No hope, no action.”
—Peter Levi**

**“Dare to be naive.”
—R. Buckminster Fuller**

**“No trumpets sound when the important decisions of our life are made.
Destiny is made known silently.”
—Agnes de Mille**

**“Great minds have purposes, others have wishes.”
—Washington Irving**

Don’t take a chance on chance:

**“You don’t just luck into things . . . You build step by step, whether it’s
friendships or opportunities.”
—Barbara Bush**

**“Luck always seems to be against the man who depends on it.”
—Anon.**

**“Luck is the by-product of busting your fanny.”
—Don Sutton**

**“A clay pot sitting in the sun will always be a clay pot. It has to go through
the white heat of the furnace to become porcelain.”
—Mildred W. Struven**

**“The curious paradox is that when I accept myself just as I am, then I can
change.”
—Carl Rogers**

**“I’ll not listen to reason. Reason is always what someone else has got to
say.”
—Elizabeth C. Gaskell**

Never underestimate a person’s desire to be praised:



**“The deepest principle of Human Nature is the craving to be appreciated.”
—William James**

**“He who refuses praise the first time that it is offered does so because he would hear it a second time.”
—Duc de la Rochefoucauld**

**“Man lives by praise; most of us would rather be hurt by flattery than helped by criticism.”
—Laurence J. Peter**

**“If it’s very painful to you to criticize your friends - you’re safe in doing it. But if you take the slightest pleasure in it - that’s the time to hold your tongue.”
—Alice Duer Miller**

**“A great obstacle to happiness is the expectation of too great a happiness.”
—Fontenelle**

**“If the shoe fits, you’re not allowing for growth.”
—Robert N. Coons**

This is the moment, so live in it:

**“Enjoy yourself. These are the ‘good old days’ you’re going to miss in the years ahead.”
—Anon.**

**“Anyone who limits her vision to memories of yesterday is already dead.”
—Lily Langtry**

**“Time is not a line, but a series of now-points.”
—Taisen Deshimaru**

**“You’ve got to take the initiative and play your game Confidence makes the difference.”
—Chris Evert**

**“Necessity is the mother of taking chances.”
—Mark Twain**

**“The act of acting morally is behaving as if everything we do matters.”
—Gloria Steinem**

Don’t shy away from disagreement and conflict - use them for positive ends:

**“He that wrestles with us strengthens our nerves and sharpens our skill. Our antagonist is our helper.”
—Edmund Burke**



“Change means movement, movement means friction, friction means heat, and heat means controversy.”

—Saul Alinsky

“We find comfort among those who agree with us - growth among those who don't.”

—Frank A. Clark

“No one from the beginning of time has had security.”

Eleanor Roosevelt

“I believe half the unhappiness in life comes from people being afraid to go straight at things.”

—William J. Locke

“The man who makes no mistakes does not usually make anything.”

—Bishop W. C. Magee

Don't confuse stumbling with falling:

“I made a mistake today. I made a mistake yesterday. I think it's ... very important to ignore the negative.”

—Jerry Rubin

“Entrepreneurs average 3.8 failures before final success. What sets the successful ones apart is their amazing persistence.”

—Lisa M. Amos

“Success is going from failure to failure without loss of enthusiasm.”

—Winston Churchill

“The way I see it, if you want the rainbow, you gotta put up with the rain.”

—Dolly Parton

“Start by doing what's necessary, then what's possible and suddenly you are doing the impossible.”

—Saint Francis of Assisi

“The greater the obstacle, the more glory in overcoming it.”

—Moliere

One step at a time:

“Nothing is particularly hard if you divide it into small steps.”

—Henry Ford



“Little drops of water, little grains of sand/Make the mighty ocean, and the pleasant land.”

—Julia Carney

“Great things are not done by impulse, but by a series of small things brought together.”

—Vincent van Gogh

“It is a rough road that leads to the heights of greatness.”

—Seneca

“If one asks for success and prepares for failure, he will get the situation he has prepared for.”

—Florence Shinn

“Life is the sum of all your choices.”

—Albert Camus

Your way to success must be YOUR way:

“Ask yourself the secret of your success. Listen to your answer, and practice it.”

—Richard Bach

“Whatever you are by nature, keep to it; never desert your own line of talent.”

—Sydeny Smith

“Don’t take anyone else’s definition of success as your own.”

—Jacqueline Briskin

“If you keep saying things are going to be bad, you have a good chance of being a prophet.”

—Isaac Bashevis Singer

“On the human chessboard, all moves are possible.”

—Miriam Schiff

“I don’t want to get to the end of my life and find that I just lived the length of it. I want to have lived the width of it as well.”

—Diane Ackerman

Don’t get mired in details when it’s wisdom you’re after:

“The key to wisdom is knowing all the right questions.”

—John A. Simone Jr.

“The art of being wise is the art of knowing what to overlook.”

—William James



“We can be knowledgeable with other men’s knowledge, but we cannot be wise with other men’s wisdom.”

—Michel de Montaigne

“One can never consent to creep when one has the impulse to soar.”

—Helen Keller

“Unless a man has trained himself for his chance, the chance will only make him ridiculous.”

—William Matthews

“Only in growth, reform, and change, paradoxically enough, is true security to be found.”

—Anne Morrow Lindbergh

Always think of your career as a work in progress:

“There is no future in any job. The future lies in the man who holds the job.”

—George Crane

“Careers, like rockets, don’t always take off on schedule. The key is to keep working on the engines.”

—Gary Sinise

“Always take a job that is too big for you.”

—Harry Emerson Fosdick

“The greatest test of courage on earth is to bear defeat without losing heart.”

—Robert G. Ingersoll

“A life of reaction is a life of slavery, intellectually and spiritually. One must fight for a life of action, not reaction.”

—Rita Mae Brown

“Things don’t turn up in this world unless someone turns them up.”

—James A. Garfield

Do your best - to the limits of your ability:

“Do what you can, with what you have, where you are.”

—Theodore Roosevelt

“The great law of culture: Let each become all that he was created capable of being.”

—Thomas Carlyle



“Me, I’m just a hack. I’m just a schlepper. I just do what I can do.”
—Bette Midler

“Success is a journey, not a destination.”
—Ben Sweetland

“Nothing is interesting if you’re not interested.”
—Helen MacInness

“Express a mean opinion of yourself occasionally; it will show your friends that you know how to tell the truth.”
—Ed Howe

Don’t look to the world for security:

“Your real security is yourself. You know you can do it, and they can’t ever take that away from you.”
—Mae West

“There is no security on this earth. Only opportunity.”
—General Douglas MacArthur

“The way to be safe is never to be secure.”
—Benjamin Franklin

“Don’t confuse being stimulating with being blunt.”
—Barbara Walters

“The thing we fear we bring to pass.”
—Elbert Hubbard

“God grant me the courage not to give up what I think is right, even though I think it is hopeless.”
—Admiral Chester W. Nimitz

Revenge is a luxury you can’t afford:

“All the while thou studiest revenge, thou art tearing thine own wound open.”
—Thomas Fuller

“Living well is the best revenge.”
—George Herbert

“To refrain from imitation is the best revenge.”
—Marcus Aurelius



“You can’t expect to win unless you know why you lose.”

—Benjamin Lipson

“He who would begun has half done. Dare to be wise; begin.”

—Horace

“There are no shortcuts to any place worth going.”

—Beverly Sills

Do you want to enjoy a sport? Then remember that it’s only a game:

“If you watch a game, it’s fun. If you play it, it’s recreation. If you work at it, it’s golf.”

—Bob Hope

“If you see a tennis player who looks as if he’s working very hard, then that means he isn’t very good.”

—Helen Wills Moody

“If all the year were playing holidays/To sport would be as tedious as to work.”

—William Shakespeare

“If you are afraid of your future, you don’t have a present.”

—James Petersen

“An aim in life is the only fortune worth finding.”

—Jacqueline Kennedy Onassis

“Competition can damage self-esteem, create anxiety, and lead to cheating and hurt feelings. But so can romantic love.”

—Mariah Burton Nelson

Don’t mistake the information in your computer for knowledge:

“Information is just signs and numbers, while knowledge involves their meaning. What we want is knowledge, but what we get is information.”

—Heinz R. Pagels

“Computers can figure out all kinds of problems, except the things in the world that just don’t add up.”

—James Magary

“The computer is a moron.”

—Peter Drucker



“Everything has been thought of before, but the problem is to think of it again.”

—Goethe

“Strong people don’t need strong leaders.”

—Ella Baker

“Parents can only give advice or put [children] on the right paths, but the final forming of a person’s character lies in their own hands.”

—Anne Frank

If you’re nothing but careful, nothing will happen:

“Behold the turtle. He makes progress only when he sticks his neck out.”

—James B. Conant

“Fortune favors the audacious.”

—Erasmus

“You can’t expect to hit the jackpot if you don’t put a few nickels in the machine.”

—Flip Wilson

“There is no failure except in no longer trying.”

—Elbert Hubbard

“The impossible is often the untried.”

—Jim Goodwin

“I never make the mistake of arguing with people for whose opinions I have no respect.”

—Edward Gibbon

Ambition will only work for you if you have an unending supply of it:

“There is no point at which you can say, ‘Well, I’m successful now. I might as well take a nap.’”

—Carrie Fisher

“If ambition doesn’t hurt you, you haven’t got it.”

—Kathleen Norris

“The toughest thing about success is that you’ve got to keep on being a success.”

—Irving Berlin

“I’m a great believer in luck, and I find the harder I work, the more I have of it.”

—Thomas Jefferson



“Out of the strain of the Doing, into the peace of the Done.”
—Julia Louise Woodruff

“Wake up with a smile and go after life Live it, enjoy it, taste it, smell it, feel it.”
—Joe Knapp

To get the most out of reading anything, think while you do it:

“To read without reflecting is like eating without digesting.”
—Edmund Burke

“When we read too fast or too slowly, we understand nothing.”
—Blasie Pascal

“Reading is to the mind what exercise is to the body.”
—Richard Steele

“I really do believe I can accomplish a great deal with a big grin. I know some people find that disconcerting, but that doesn't matter.”
—Beverly Sills

“People can bear anything.”
—Philip Slater

“A mistake is simply another way of doing things.”
—Katharine Graham

Think before you act - but not too much and not for too long:

“When you see a snake, never mind where he came from.”
—W. G. Benham

“The great end of life is not knowledge but action.”
—Henry David Thoreau

“... in this theatre of man's life it is reserved only for God and angels to be lookers-on.”
—Francis Bacon

“I don't believe in failure. It's not failure if you enjoyed the process.”
—Oprah Winfrey

“I wish to preach, not the doctrine of ignoble ease, but the doctrine of the strenuous life.”
—Theodore Roosevelt



“You take people as far as they will go, not as far as you would like them to go.”

—Jeannette Rankin

Think twice before you ask for or offer advice:

“Advice is seldom welcome; and those who want it the most always like it the least.”

—Earl of Chesterfield

“Who cannot give good counsel? 'Tis cheap, it costs them nothing.”

—Robert Burton

“Everybody who tells you how to act has whiskey on their breath.”

—John Updike

“The ability to concentrate and use your time well is everything.”

—Lee Iacocca

“Become so wrapped up in something that you forget to be afraid.”

—Lady Bird Johnson

“It is only when doing my work that I feel truly alive.”

—Federico Fellini

Never forget two of the most powerful words in the English language: “as if”:

“Act as if it were impossible to fail.”

—Dorothea Brande

“If you want a quality, act as if you already had it.”

—William James

“Act as if you were already happy, and that will tend to make you happy.”

—Dale Carnegie

“It is only possible to live happily ever after on a day to day basis.”

—Margaret Bonnano

“Statistics are no substitute for judgement.”

—Henry Clay

“Don't be humble. You're not that great.”

—Golda Meir

Avoid committees and meetings whenever you can:



“A meeting is an occasion when people gather together, some to say what they do not think, and others not to say what they really do.”

—Vladimir Voinovich

“To get something done a committee should consist of no more than three men, two of whom are absent.”

—Robert Copeland

“You’ll find in no park or city/A monument to a committee.”

—Victoria Pasternack

“It is better to know some of the questions than all of the answers.”

—James Thurber

“Make it a rule of life never to regret and never look back. We all live in suspense, from day to day, from hour to hour; in other words, we are the hero of our own story.”

—Mary McCarthy

“No day is so bad it can’t be fixed with a nap.”

—Carrie Snow

Don’t be afraid of fuzzy thinking:

“It is not the clear-sighted who rule the world. Great achievements are accomplished in a blessed, warm fog.”

—Joseph Conrad

“We never do anything well till we cease to think about the manner of doing it.”

—William Hazlitt

“All men dream, but not equally. Those who dream by night in the dusty recesses of their minds wake in the day to find that it was vanity; but the dreamers of the day are dangerous men, for they may act their dream with open eyes, to make it possible.”

—T. E. Lawrence (Lawrence of Arabia)

“The ultimate of being successful is the luxury of giving yourself the time to do what you want to do.”

—Leontyne Price

“Learning is discovering that something is possible.”

—Fritz Perls

“Character contributes to beauty. It fortifies a woman as her youth fades. A mode of conduct, a standard of courage, discipline, fortitude and integrity can



do a great deal to make a woman beautiful.”

—Jacqueline Bisset

Make up your mind:

“There is always a multitude of reasons both in favor of doing a thing and against doing it. The art of debate lies in presenting them; the art of life lies in neglecting ninety-nine hundredths of them.”

—Mark Rutherford

“No task is a long one but the task on which one dare not start. It becomes a nightmare.”

—Baudelaire

“We know what happens to people who stay in the middle of the road. They get run over.”

—Anuerin Bevan

“I don’t know anything about luck. I’ve never banked on it, and I’m afraid of people who do. Luck to me is something else: hard work - and realizing what is opportunity and what isn’t.”

—Lucille Ball

“Let us, then, be up and doing. / With a heart for any fate; / Still achieving, still pursuing. / Learn to labor and to wait.”

—Henry Wadsworth Longfellow

“To love what you do and feel that it matters - how could anything be more fun?”

—Katharine Graham

Aim for the top in all things:

“There is always room at the top.”

—Daniel Webster

“I would sooner fail than not be among the greatest.”

—John Keats

“Every soldier carries a marshal’s baton in his pack.”

Napoleon

“Immense power is acquired by assuring yourself in your secret reveries that you were born to control affairs.”

—Andrew Carnegie

“Happiness is good health and a bad memory.”

—Ingrid Bergman



**“Lost time is never found again.”
—Benjamin Franklin**

Hang on:

**“The first and final thing you have to do in this world is to last in it, and not be smashed by it.”
—Ernest Hemingway**

**“I bend, but I do not break.”
—Jean de La Fontaine**

**“To be somebody you must last.”
—Ruth Gordon**

**“The first recipe for happiness is: Avoid too lengthy meditations on the past.”
—André Maurois**

**“Act so as to elicit the best in others and thereby in thyself.”
—Felix Adler**

**“It’s going to be a long hard drag, but we’ll make it.”
—Janis Joplin**

Wait them (it) out:

**“The key to everything is patience. You get the chicken by hatching the egg - not by smashing it.”
—Arnold Glasow**

**“Patience and perseverance at length / Accomplish more than anger or brute strength.”
—Jean de La Fontaine**

**“Let every man be swift to hear, slow to speak, slow to wrath.”
—The Bible, James I: 19**

**“The search for a new personality is futile; what is fruitful is the interest the old personality can take in new activities.”
—Cesare Pavese**

**“A man can stand a lot as long as he can stand himself.”
—Axel Munthe**

**“The real tragedy of life is not being limited to one talent, but in failing to use that one talent.”
—Edgar Watson Howe**



Don't lust after fame - it's overrated:

"Until you've lost your reputation, you never realize what a burden it was or what freedom really is."

—Margaret Mitchell

"Being a personality is not the same thing as having a personality."

—Alan Coren

"It is a mark of many famous people that they cannot part with their brightest hour."

—Lillian Hellman

"Attempt the impossible in order to improve your work."

—Bette Davis

"If a sense of duty tortures a man, it also enables him to achieve prodigies."

—H. L. Mencken

"Courage calls to courage everywhere, and its voice cannot be denied."

—Millicent G. Fawcett

Don't mistake a spreadsheet projection for a crystal ball:

"It is always wise to look ahead, but difficult to look farther than you can see."

Winston Churchill

"You cannot plan the future by the past."

—Edmund Burke

"Oh! that a man might know / The end of this day's business ere it come."

—Shakespeare (Julius Caesar)

"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence."

—Helen Keller

"Enthusiasm for one's goal lessens the disagreeableness of working toward it."

—Thomas Eakins

"Fear nothing, for every renewed effort raises all former failures into lessons, all sins into experience."

—Katherine Tingley



Learn how to speak in public:

“A speech is a solemn responsibility. The man who makes a bad thirty-minute speech to two hundred people wastes only a half hour of his own time. But he wastes one hundred hours of the audience’s time - more than four days - which should be a hanging offense.”

—Jenkin Lloyd Jones

“If you haven’t struck oil in your first three minutes, stop boring.”

—George Jessel

“My father gave me these hints on speech-making: Be sincere . . . be brief . . . be seated.”

—James Roosevelt

“We only do well the things we like doing.”

—Colette

“In the face of uncertainty, there is nothing wrong with hope.”

—Dr. Bernie Siegel

“Success based on anything but internal fulfillment is bound to be empty.”

—Dr. Martha Friedman

If you possibly can, stay out of debt:

“Home life ceases to be free and beautiful as soon as it is founded on borrowing and debt.”

—Henrik Ibsen

“Be not made a beggar by banqueting on borrowing.”

—Bible, Apocrypha, Ecclesiasticus 18:13

“Who goeth a borrowing / Goeth a sorrowing.”

—Thomas Tusser

“What one has to do usually can be done.”

—Eleanor Roosevelt

“How to succeed: try hard enough. “How to fail: Try too hard.”

—Malcolm Forbes

“What cannot be altered must be borne, not blamed.”

—Thomas Fuller

Don’t fear change:



**“If we want things to stay as they are, things will have to change.”
—Guiseppe di Lampedusa**

**“It’s the most unhappy people who most fear change.”
—Mignon McLaughlin**

**“What we need is a flexible plan for an everchanging world.”
—Jerry Brown**

**“The human spirit is stronger than anything that can happen to it.”
—George C. Scott**

**“Faith and doubt both are needed, not as antagonists, but working side by side to take us around the unknown curve.”
—Lillian Smith**

**“To know what is right and not do it is the worst cowardice.”
—Confucius**

Keep your cool:

**“When anger spreads through the breast, guard thy tongue from barking idly.”
—Sappho**

**“Thar ain’t no sense / In gittin’ riled.”
—Bret Harte**

**“It usually takes two people to make one of them angry.”
—Laurence Peter**

**“Facing it - always facing it - that’s the way to get through. Face it!”
—Joseph Conrad**

**“Genius is an infinite capacity for taking life by the scruff of the neck.”
—Katharine Hepburn**

**“Tact is the art of making a point without making an enemy.”
—Howard W. Newton**

In order to get, give:

**“Give to the world the best you have and the best will come back to you.”
—Madeline Bridges**

**“There is a very real relationship, both quantitatively and qualitatively, between what you contribute and what you get out of this world.”
—Oscar Hammerstein II**



“The love you take / Is equal to the love you make.”
—John Lennon & Paul McCartney

“To me good health is more than just exercise and diet. It’s really a point of view and a mental attitude you have about yourself.”
—Angela Lansbury

“Real generosity toward the future consists in giving all to what is present.”
—Albert Camus

“The first step is the hardest.”
—Madame De Vichy-Deffand

Avoid being your own worst enemy:

“Whoso diggeth a pit shall fall therein.”
—Proverbs, 26:27

“Debt is a trap which man sets and baits himself, and then deliberately gets into.”
—Josh Billings

“We create our fate every day . . . most of the ills we suffer from are directly traceable to our own behavior.”
—Henry Miller

“A champion is afraid of losing. Everyone else is afraid of winning.”
—Billie Jean King

“Decisions determine destiny.”
—Frederick Speakman

“The keen spirit seizes the prompt occasion.”
—Hannah Moore

Don’t make a fetish of consistency:

“Consistency is the last refuge of the unimaginative.”
—Oscar Wilde

“Consistency requires you to be as ignorant today as you were a year ago.”
—Bernard Berenson

“The only completely consistent people are the dead.”
—Aldous Huxley



“It’s never too late -in fiction or in life - to revise.”

—Nancy Thayer

“Discontent is the first step in the progress of a man or a nation.”

—Oscar Wilde

“The one important thing I have learned over the years is the difference between taking one’s work seriously and taking one’s self seriously. The first is imperative, and the second is disastrous.”

—Margaret Fontey

Get off on the right foot:

“Distance doesn’t matter; it’s only the first step that is difficult.”

—Marquise du Delfand

“The first blow is half the battle.”

—Oliver Goldsmith

“He who has begun is half done.”

—Horace

“Optimism is an intellectual choice.”

—Diana Schneider

“Great things are not something accidental, but must certainly be willed.”

—Vincent van Gogh

“Nobody, but nobody / Can make it out here alone.”

—Maya Angelou

Find happiness in what is possible:

“To be without some of the things you want is an indispensable part of happiness.”

—Bertrand Russell

“Happiness is a way station between too little and too much.”

—Channing Pollock

“It is the chiefest part of happiness that a man is willing to be what he is.”

—Erasmus

“Crisis creates opportunity.”

—Walter Klores

“Boast not of what thou would’st have done, but do.”

—John Milton



**“Somebody’s boring me; I think it’s me.”
—Dylan Thomas**

What do you want from life? Think about it:

**“The value of life lies, not in the length of days, but in the use we make of them: a man may live long, yet live very little. Satisfaction in life depends not on the number of your years, but on your will.”
—Michel de Montaigne**

**“He is well paid that is well satisfied.”
—Shakespeare, The Merchant of Venice**

**“Don’t let’s ask for the moon. We have the stars.”
—Bette Davis, in the film, “Now, Voyager”**

**“Hold on; hold fast; hold out. Patience is genius.”
—Georges de Buffon**

**“The worth of every conviction consists precisely in the steadfastness with which it is held.”
—Jane Addams**

**“Life is worth being lived, but not worth being discussed all the time.”
—Isabelle Adfani**

It’s worth repeating for the hundredth time, “Courage!”

**“Courage is not simply one of the virtues but the form of every virtue at the testing point, which means at the point of highest reality.”
—C. S. Lewis**

**“One man with courage makes a majority.”
—Andrew Jackson**

**“If the creator had a purpose in equipping us with a neck, he surely meant us to stick it out.”
—Arthur Koestler**

**“What helps me to go forward is that I stay receptive. I feel that anything can happen.”
—Anouk Aimee**

**“Man never made any material as resilient as the human spirit.”
—Bern Williams**

**“No man can think clearly when his fists are clenched.”
—George Jean Nathan**



Don't even think about defeat:

**"We are not interested in the possibilities of defeat."
—Queen Victoria**

**"Winning isn't everything, but losing isn't anything."
—Charlie Brown (Charles Schulz)**

**"When you win, nothing hurts."
—Joe Namath**

**"When your life is filled with the desire to see the holiness in everyday life, something magical happens: ordinary life becomes extraordinary, and the very process of life begins to nourish your soul!"
—Rabbi Harold Kushner**

**"He who laughs, lasts."
—Mary Pettibone Poole**

**"Research is to see what everybody else has seen, and to think what nobody else has thought."
—Albert Szent-Gyorgyi**

Cultivate your creativity:

**"No matter how old you get, if you can keep the desire to be creative, you're keeping the man-child alive."
—John Cassavetes**

**"Man, surrounded by facts, permitting himself no surprise, no intuitive flash, no great hypothesis, no risk, is in a locked cell."
—Lillian Smith**

**"Discipline and focused awareness . . . contribute to the act of creation."
—John Poppy**

**"My center is giving way, my right is in retreat: situation excellent. I am attacking."
—Marshal Ferdinand Foch**

**"Knowledge comes, but wisdom lingers."
—Alfred, Lord Tennyson**

**"He who knows others is wise; / He knows himself is enlightened."
—Lao-Tzu**



There's no precisely "right" moment. Just do it:

"Do not wait for ideal circumstances, nor the best opportunities; they will never come."

—Janet E. Stuart

"Begin somewhere; you cannot build a reputation on what you intend to do."

—Liz Smith

"Conditions are never just right. People who delay action until all factors are favorable do nothing."

—William Feather

"To have a reason to get up in the morning, it is necessary to possess a guiding principle. A belief of some kind. A bumper sticker, if you will."

—Judith Guest

"One may miss the mark by aiming too high, as too low."

—Thomas Fuller

"It's the soul's duty to be loyal to its own desires."

—Rebecca West

Don't be snowed by experts and "expertise":

"An expert is one who knows more and more about less and less."

—Nicholas Murray Butler

"An expert is a man who has made all the mistakes which can be made in a very narrow field."

—Niels Bohr

"The time comes when you realize that you haven't only been specializing in something - something has been specializing in you."

—Arthur Miller

"The bridges you cross before you come to them are over rivers that aren't there."

—Gene Brown

"The future belongs to those who believe in the beauty of their dreams."
Eleanor Roosevelt

"I would sort out all the arguments and see which belonged to fear and which to creativeness. Other things being equal, I would make the decision which had the largest number of creative reasons on its side."

—Katharine Butler Hathaway



Go easy on that credit card:

**“My problem lies in reconciling my gross habits with my net income.”
—Errol Flynn**

**“Dreading that climax of all human ills, / The inflammation of his weekly bills.”
—Lord Byron (from Don Juan)**

**“Money often costs too much.”
—Ralph Waldo Emerson**

**“If . . . you can’t be a good example, then you’ll just have to be a horrible warning.”
—Catherine Aird**

**“The will to conquer is the first condition of victory.”
—Marshal Ferdinand Foch**

**“Once you get rid of the idea that you must please other people before you please yourself, and you begin to follow your own instincts - only then can you be successful.”
—Raquel Welch**

It’s time to make that decision:

**“Wherever you see a successful business, someone once made a courageous decision.”
—Peter Drucker**

**“Men and women everywhere must exercise deliberate decision to live wisely.”
—Robert Grant**

**“You are the one who must choose your place.”
—James Lane Allen**

**“Life is the first gift, love is the second, and understanding the third.”
—Marge Piercy**

**“Happiness is a function of accepting what is.”
—Werner Erhard**

**“There are two ways of meeting difficulties: you alter the difficulties, or you alter yourself to meet them.”
—Phyllis Bottome**



Pay attention to timing:

**“Half the failures in life arise from pulling in one’s horse as he is leaping.”
—Julius and Augustus Hare**

**“The present is a point just passed.”
—David Russell**

**“If you see a bandwagon, it’s too late.”
—James Goldsmith**

**“Nothing we learn in this world is ever wasted.”
—Eleanor Roosevelt**

**“Heat not a furnace for your foe so hot / That it do singe yourself.”
—William Shakespeare (Henry VIII)**

**“Never explain — your friends do not need it and you enemies won’t believe you anyway.”
—Elbert Hubbard**

To achieve contentment, set limits to what you must have:

**“Nothing will content him who is not content with a little.”
—Greek proverb**

**“I figure if I have my health, can pay the rent and I have my friends, I call it ‘content’.”
—Lauren Bacall**

**“True contentment . . . is getting out of any situation all that there is in it.”
—G. K. Chesterton**

**“Never believe in mirrors or newspapers.”
—John Osborne**

**“Our worth is determined by the good deeds we do, rather than by the fine emotions we feel.”
—Elias L, Magoon**

**“Do not rely completely on any other human being, however dear. We meet all of life’s greatest tests alone.”
—Agnes McPhail**

Enjoy today:

**“It is only possible to live happily-ever-after on a day-to-day basis.”
—Margaret Bonano**



“Each day provides its own gifts.”

—Martial

“The best way to secure future happiness is to be as happy as is rightfully possible today.”

—Charles W. Eliot

“Think wrongly, if you please, but in all cases think for yourself.”

—Doris Lessing

“What a wonderful life I’ve had! I only wish I’d realized it sooner.”

—Colette

“Time is the wisest counsellor of all.”

—Pericles

Don’t waste energy worrying about the future:

“He that fears not the future may enjoy the present.”

—Thomas Fuller

“If you are afraid for your future, you don’t have a present.”

—James Petersen

“He who fears he shall suffer already suffers what he fears.”

—Michel de Montaigne

“If you could choose one characteristic that would get you through life, choose a sense of humor.”

—Jennifer Jones

“The man who fears nothing is as powerful as he who is feared by everybody.”

—J. C. F. von Schiller

“Success is often achieved by those who don’t know that failure is inevitable.”

—Coco Chanel

Don’t let your healthy diet make you miserable:

“What do you experience with your first mouthful of hot fudge sundae? Its not surprising that we carry it over to describe the intensity of love and sex.”

—Dr. S. Mintz

“A cucumber should be well-sliced, and dressed with pepper and vinegar, and then thrown out as good for nothing.”

—Dr. Samuel Johnson



“Tell me what you eat: I will tell you what you are.”

—Jean-Anthelme Brillat-Savarin

“Delay not to seize the hour!”

—Aeschylus

“The work will teach you how to do it.”

—Estonian Proverb

“No good work is ever done while the heart is hot and anxious and fretted.”

—Olive Schreiner

When you’ve been wronged, try to strike a balance between forgiving and forgetting:

“The stupid neither forgive nor forget; the naïve forgive and forget; the wise forgive but do not forget.”

—Thomas Szasz

“Nobody ever forgets where he buried a hatchet.”

—Kin Hubbard

“Once a woman has forgiven her man, she must not reheat his sins for breakfast.”

—Marlene Dietrich

“It’s useless to hold a person to anything he says while he’s in love, drunk or running for office.”

—Shirley McLaine

“Consistency is only a paste jewel that cheap men cherish.”

—William Allen White

“Was it always my nature to take a bad time and block out the good times, until any success became an accident and failure seemed the only truth?”

—Lillian Hellman

Count your friends among your most valuable assets:

“True friendship is like sound health, the value is seldom known until it be lost.”

—Charles Caleb Colton

“A true friend will see you through when others see that you are through.”

—Laurence J. Peter

“There is a friend that sticketh closer than a brother.”

—Proverbs 18:24



**“You cannot always have happiness, but you can always give happiness.”
—Anon.**

**“Once a decision was made, I did not worry about it afterward.”
—Harry S. Truman**

**“What’s important is finding out what works for you.”
—Henry Moore**

Imagine it, then go for it:

**“All acts performed in the world begin in the imagination.”
—Barbara Grizutti Harrison**

**“Reach high, for stars hidden in your soul. Dream deep, for every dream precedes the goal.”
—Pamela Star**

**“Nothing happens unless first a dream.”
—Carl Sandburg**

**“You might as well fall flat on your face as lean over too far backward.”
—James Thurber**

**“Meetings are indispensable when you don’t want to do anything.”
—John Kenneth Galbraith**

**“You only find complete unanimity in a cemetery.”
—Abel Aganbegyan**

Rise to the challenge:

**“When people keep telling you that you can’t do a thing, you kind of like to try it.”
—Margaret Chase Smith**

**“For me it’s the challenge - the challenge to try to beat myself and do better than I did in the past. I try to keep in mind not what I have accomplished but what I have to try to accomplish in the future.”
—Jackie Joyner Kersee**

**“For me life is a challenge. And it will be a challenge if I live to be a hundred or if I get to be a trillionaire.”
—Beah Richards**

**“Nothing is so exhausting as indecision, and nothing is so futile.”
—Bertrand Russell**



“The method of the enterprising is to plan with audacity and execute with vigor.”

—Christian Bovee

“You have not lived a perfect day, even though you earned your money, unless you have done something for someone who will never be able to repay you.”

—Ruth Smeltzer

Don't have unreasonable expectations:

“We almost made it, but we wanted it all.”

—Burt Bacharach & Carol Bayer Sager

“Half the unhappiness in the world is due to the failure of plans which were never reasonable, and often impossible.”

—Edgar Watson Howe

“Life is a compromise of what your ego wants to do, experience tells you to do, and what your nerves let you do.”

—Bruce Crampton

“It doesn't hurt to be optimistic. You can always cry later.”

—Lucimar Santos de Lima

“Everyone gets their rough day. No one gets a free ride. Today, so far, I had a good day. I got a dial tone.”

—Rodney Dangerfield

“Failure is usually the line of least persistence.”

—Wilfred Beaver

Don't ignore the benefits of solitude:

“Inside myself is a place where I live alone and that's where you renew your springs that never dry up.”

—Pearl S. Buck

“I restore myself when I'm alone. A career is born in public; talent in privacy.”

—Marilyn Monroe

“It's like magic. When you live by yourself, all your annoying habits are gone!”

—Merrill Markoe



“Why not seize the pleasure at once? How often is happiness destroyed by preparation, foolish preparation?”

—Jane Austin

“A strong passion for any object will ensure success, for the desire of the end will point out the means.”

—Henry Hazlitt

“Friendships aren’t perfect, and yet they are very precious. For me, not expecting perfection all in one place was a great release.”

—Letty Cottin Pogrebin

It’s ok to go down to defeat - as long as you get up and start again:

“You are beaten to earth? Well, well, what’s that? Come up with a smiling face, it’s nothing against you to fall down flat, but to lie there - that’s disgrace.”

—Edmund Vance Cooke

“He’s no failure. He’s not dead yet.”

—W. L. George

“Inside of a ring or out, ain’t nothing wrong with going down. It’s staying down that’s wrong.”

—Muhammad Ali

“The past is a guidepost, not a hitching post.”

—L. Thomas Holdcroft

“The only thing that makes life possible is permanent, intolerable uncertainty, not knowing what comes next.”

—Ursula K. Leguin

“Good is not good, where better is expected.”

—Thomas Fuller

Think big:

“Man’s reach should exceed his grasp, or what’s a heaven for?”

—Robert Browning

“Once you say you are going to settle for second, that’s what happens to you.”

—John F. Kennedy

“Far away in the sunshine are my highest inspirations. I may not reach them, but I can look up and see the beauty, believe in them and try to follow where they lead.”

—Louisa May Alcott



“The best time to make friends is before you need them.”

—Ethel Barrymore

“You can’t depend on your eyes when your imagination is out of focus.”

—Mark Twain

“Regret is an appalling waste of energy; you can’t build on it; it is good only for wallowing.”

—Katherine Mansfield

Don’t put too much stock in anyone’s predictions:

“The only certain thing about the future is that it will surprise even those who have seen furthest into it.”

—Eric Hobsbawm

“Boast not thyself of to-morrow: for thou knowest not what a day may bring forth.”

—Proverbs, 27: 1

“You can never plan the future by the past.”

—Edmund Burke

“Should-haves solve nothing. It’s the next thing to happen that needs thinking about.”

—Alexandra Ripley

“To learn new habits is everything, for it is to reach the substance of life. Life is but a tissue of habits.”

—Henri Fredric Amiel

“Luck is not chance, it’s toil; fortune’s expensive smile is earned.”

—Emily Dickinson

You can get to your goals easier if you get along:

“Skill is fine, and genius is splendid, but the right contacts are more valuable than either.”

—Sir Archibald McIndoe

“The most important single ingredient in the formula of success is knowing how to get along with people.”

—Theodore Roosevelt

“No matter how much a man can do, no matter how engaging his personality may be, he will not advance far in business if he cannot work through others.”

—John Craig



“Be slow to fall into friendship; but when thou art in, continue firm and constant.”

—Socrates

“Opportunities multiply as they are seized; they die when neglected. Life is a long line of opportunities.”

—John Wicker

“Every new adjustment is a crisis in self-esteem.”

—Eric Hoffer

Be ready for anything:

“When something bad happens to me, I think I’m able to deal with it in a pretty good way. That makes me lucky. Some people fall apart at the first little thing that happens.”

—Christie Brinkley

“The prizes go to those who meet emergencies successfully. And the way to meet emergencies is to do each daily task the best we can.”

—William Feather

“All that is necessary is to accept the unacceptable, do without the indispensable, and bear the unbearable.”

—Kathleen Norris

“Yesterday’s errors let yesterday cover.”

—Susan Coolidge

“To conquer fear is the beginning of wisdom.”

—Bertrand Russell

“Worry often gives a small thing a big shadow.”

—Swedish proverb

Don’t become obsessed with finding happiness:

“The happy people are failures because they are on such good terms with themselves that they don’t give a damn.”

—Agatha Christie

“Happiness comes uninvited: and the moment that you are conscious that you are happy, you are no longer happy.”

—J. Krishnamurti

“Happiness is an imaginary condition, formerly often attributed by the living to the dead, now usually attributed by adults to children, and by children to adults.”

—Thomas Szasz



“I make the most of all that comes and the least of all that goes.”
—Sara Teasdale

“A person can grow only as much as his horizon allows.”
—John Powell

“Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that this new world is born.”
—Anais Nin

Avoid false humility:

“Humility is the embarrassment you feel when you tell people how wonderful you are.”
—Laurence Peter

“They are proud in humility, proud in that they are not proud.”
—Robert Burton

“The meek shall inherit the earth, but not the mineral rights.”
—Paul Getty

“Too many of us are hung up on what we don’t have, can’t have, or won’t ever have. We spend too much energy being down, when we could use that same energy – if not less of it – doing, or at least trying to do, some of the things we really want to do.”
—Terry McMillan

“Live in the past, but don’t remember too much.”
—Roger Rosenblatt

“The follies a man regrets most in his life are those which he didn’t commit when he had the opportunity.”
—Helen Rowland

Never assume that you “know” human nature: “Man is always worse than most people suspect, but also generally better than most people dream.”
—Reinhold Niebuhr

“I loathe the expression ‘What makes him tick’ . . . A person not only ticks, he also chimes and strikes the hour, falls and breaks and has to be put together again, and sometimes stops like an electric clock in a thunderstorm.”
—James Thurber

“A man is more complex, infinitely more so, than his thoughts.”
—Paul Valery



“There’s no labor a man can do that’s undignified, if he does it right.”

—Bill Cosby

“No matter how far you have gone on a wrong road, turn back.”

—Turkish proverb

“Always forgive your enemies; nothing annoys them so much.”

—Oscar Wilde

Learn from life:

“[Experience is] how life catches up with us and teaches us to love and forgive each other.”

—Judy Collins

“A proverb is a short sentence based on long experience.”

—Miguel de Cervantes

“If we could sell our experiences for what they cost us, we would all be millionaires.”

—Abigail Van Buren

“The important thing is not that we can live on hope alone, but that life is not worth living without it.”

—Harvey Milk

“Every man has his own destiny; the only imperative is to follow it, to accept it, no matter where it leads him.”

—Henry Miller

“A danger foreseen is half avoided.”

—Thomas Fuller

Critically examine all advice and the person who gives it – even if you find it here!:

“I don’t give advice. I can’t tell anybody what to do. Instead I say this is what we know about this problem at this time. And here are the consequences of these actions.”

—Dr. Joyce Brothers

“Advice is what we ask for when we already know the answer but wish we didn’t.”

—Erica Jong

“The day you take complete responsibility for yourself, the day you stop making excuses, that’s the day you start your move to the top.”

—O. J. Simpson



“There is only one quality worse than hardness of heart and that is softness of head.”

—Teddy Roosevelt

“Creative minds have always been known to survive any kind of bad training.”

—Anna Freud

“True success is overcoming the fear of being unsuccessful.”

—Paul Sweeney

Use fear to your advantage:

“What you are afraid to do is a clear indicator of the next thing you need to do.”

—Anon.

“I wanted to be scared again . . . I wanted to feel unsure again. That’s the only way I learn, the only way I feel challenged.”

—Connie Chung

“Constant exposure to dangers will breed contempt for them.”

—Seneca

“The secret of happiness is this: Let your interests be as wide as possible, and let your reactions to the things and persons that interest you be as far as possible friendly rather than hostile.”

—Bertrand Russell

“Talent is what you possess; genius is what possesses you.”

—Malcolm Cowley

“Do not use a hatchet to remove a fly from a friend’s forehead.”

—Chinese Proverb

You can be rational without being too logical:

“It is slavery to live in the mind unless it has become part of the body.”

—Kahlil Gibran

“The remarkable thing about the human mind is its range of limitations.”

—Celia Green

“The mind can also be an erogenous zone.”

—Raquel Welch

“We learn from experience. A man never wakes up his second baby just to see it smile.”

—Grace Williams



“The only courage that matters is the kind that gets you from one moment to the next.”

—Mingnon McLaughlin

“A man never discloses his own character so clearly as when he describes another’s.”

—Jean Paul Richter

Philosophy is terrific, but you still have to make a living:

“Money is like a sixth sense, without which you cannot make a complete use of the other five.”

—WS. Somerset Maugham

“Wine maketh merry: but money answereth all things.”

—Ecclesiastes 10:19

“I have enough money to last me the rest of my life, unless I buy something.”

—Jackie Mason

Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful lest you let other people spend it for you.

—Carl Sandburg

Beauty of style and harmony and grace and good rhythm depend on Simplicity.

—Plato (The Republic, Book 3, 400-D)

Be patient toward all that is unsolved in your heart and try to love the questions themselves. Live the questions now. Perhaps you will find them gradually, without noticing it, live along some distant day into the answer.

—Rainer Maria Rilke

And what is it to work with love? It is to weave the cloth with threads drawn from your heart, even as if your beloved were to wear that cloth. It is to build a house with affection, even as if your beloved were to dwell in that house. It is to sow seeds with tenderness and reap the harvest with joy, even as if your beloved were to eat the fruit. It is to charge all things you fashion with a breath of your own spirit, And to know that all the blessed dead are standing about you and watching.

— Khalil Gibran, The Prophet (1923)

An understanding heart is everything in a teacher, and cannot be esteemed highly enough. One looks back with appreciation to the brilliant teachers, but with gratitude to those who touched our human feeling. The curriculum is so much necessary raw material, but warmth is the vital element for the growing



plant and for the soul of the child.

—Carl Jung

It is not because things are difficult that we do not dare, it is because we do not dare that they are difficult.

—Julie Cameron, from Seneca, *The Artist's Way*

Dreams do not vanish, so long as people do not abandon them.

—Phantom F. Harlock

Three passions, simple but overwhelmingly strong, have governed my life: the longing for love, the search for knowledge, and unbearable pity for the suffering of mankind.

—Bertrand Russell

I believe all suffering is caused by ignorance. People inflict pain on others in the selfish pursuit of their happiness or satisfaction. Yet true happiness comes from a sense of peace and contentment, which in turn must be achieved through the cultivation of altruism, of love and compassion, and elimination of ignorance, selfishness, and greed.

—Dalai Lama, 1989 Nobel Prize Speech

All people dream, but not equally. Those who dream by night in the dusty recesses of their mind, wake in the morning to find that it was vanity. But the dreamers of the day are dangerous people, for they dream their dreams with open eyes, and make them come true.

—T.E. Lawrence (AKA "Lawrence of Arabia")

If we could read the secret history of our enemies, we should find in each man's life sorrow and suffering enough to disarm all hostility.

—Henry Wadsworth Longfellow

Freedom of speech and freedom of action are meaningless without freedom to think. And there is no freedom of thought without doubt.

—Bergen Evans, *The Natural History of Nonsense*

When we honestly ask ourselves which person in our lives mean the most to us, we often find that it is those who, instead of giving advice, solutions, or cures, have chosen rather to share our pain and touch our wounds with a warm and tender hand. The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing, not curing, not healing and face with us the reality of our powerlessness, that is a friend who cares.

—Henri Nouwen, *Out of Solitude*

The means by which we live have outdistanced the ends for which we live. Our scientific power has outrun our spiritual power. We have guided missiles and misguided men.

—Martin Luther King Jr.



Vision is where tomorrow begins, for it expresses what you and others who share the vision will be working hard to create. Since most people don't take the time to think systematically about the future, those who do, and who base their strategies and actions on their visions, have inordinate power to shape the future.

—Burt Nanus

There is just enough room in the world for all the people in it, but there is no room for the fences which separate them.

—Father Taylor

Many risks fail because they were not taken in time. Too many risks are postponed until unnecessarily elaborate preparations are made...Don't sit back waiting for the perfect moment. It almost never comes.

—David Viscott

The weak can never forgive. Forgiveness is the attribute of the strong.

—Mahatma Gandhi

When I despair, I remember that all through history the way of truth and love has always won. There have been tyrants and murderers and for a time they seem invincible but in the end, they always fall — think of it, ALWAYS.

—Mahatma Gandhi

Every now and again take a good look at something not made with hands, a mountain, a star, the turn of a stream. There will come to you wisdom and patience and solace and, above all, the assurance that you are not alone in the world.

— Sidney Lovett

The surest way to corrupt a youth is to instruct him to hold in higher regard those who think alike than those who think differently.

—Friedrich Nietzsche

The baby rises to its feet, takes a step, is overcome with triumph and joy - and falls flat on its face. It is a pattern for all that is to come! But learn from the bewildered baby. Lurch to your feet again. You'll make the sofa in the end.

— Pam Brown

You are always a valuable, worthwhile human being, not because anybody says so, not because you're successful, not because you make a lot of money, but because you decide to believe it and for no other reason.

—Wayne Dyer

A woman has two smiles that an angel might envy, the smile that accepts a lover before words are uttered, and the smile that lights on the first born babe, and assures it of a mother's love.

—Thomas C. Haliburton



The hardest part about gaining any new idea is sweeping out the false idea occupying that niche. As long as that niche is occupied, evidence and proof and logical demonstration get nowhere. But once the niche is emptied of the wrong idea that has been filling it - once you can honestly say, "I don't know," then it becomes possible to get at the truth.

—Robert A. Heinlein

I prefer to be a dreamer among the humblest, with visions to be realized, than lord among those without dreams and desires.

—Khalil Gibran

The glory of friendship is not the outstretched hand, nor the kindly smile, nor the joy of companionship; it's the spiritual inspiration that comes to one when he discovers that someone else believes in him and is willing to trust him with his friendship.

—Ralph Waldo Emerson

It is not because things are difficult that we do not dare, it is because we do not dare that they are difficult.

—Julie Cameron, Seneca, *The Artist's Way*

We are not ashamed of what we have done, because when you have a great cause to fight for, the moment of greatest humiliation is the moment when the spirit is proudest.

—Christabel Pankhurst, *British suffragette*

Every experience in life, everything with which we have come in contact in life, is a chisel which has been cutting away at our life statue, molding, modifying, shaping it. We are part of all we have met. Everything we have seen, heard, felt, or thought has had its hand in molding us, shaping us.

—Orson Swett Marden

Never forget that life can only be nobly inspired and rightly lived if you take it bravely and gallantly, as a splendid adventure in which you are setting out into an unknown country, to meet many a joy, to find many a comrade, to win and lose many a battle.

—Annie Besant

It takes courage to push yourself to places that you have never been before... to test your limits... to break through barriers. And the day came when the risk it took to remain tight inside the bud was more painful than the risk it took to blossom.

—Anais Nin

Where there is no hope in the future, there is no power in the present.

-John Maxwell

History has demonstrated that the most notable winners usually encountered heartbreaking obstacles before they triumphed. They won because they



refused to become discouraged by their defeats.

—B. C. Forbes

The greatest and noblest pleasure which we have in this world is to discover new truths, and the next is to shake off old prejudices.

—Frederick II, the Great

In the attitude of silence the soul finds the path in a clearer light, and what is elusive and deceptive resolves itself into crystal clearness.

— Mahatma Gandhi

I prefer to be a dreamer among the humblest, with visions to be realized, than lord among those without dreams and desires.

—Khalil Gibran

For a man to achieve all that is demanded of him he must regard himself as greater than he is.

—Goethe

Why wait? Life is not a dress rehearsal. Quit practicing what you're going to do, and just do it.; In one bold stroke you can transform today.

—Marilyn Grey

Let no man imagine that he has no influence. Whoever he may be, and wherever he may be placed, the man who thinks becomes a light and a power.

—Henry George

You can clutch the past so tightly to your chest, that it leaves your arms too full to embrace the present.

—Jan Glidewell

People who soar are those who refuse to sit back, sigh and wish things would change. They neither complain of their lot nor passively dream of some distant ship coming in. Rather, they visualize in their minds that they are not quitters; they will not allow life's circumstances to push them down and hold them under.

—Charles R. Swindoll

Many risks fail because they were not taken in time. Too many risks are postponed until unnecessarily elaborate preparations are made...Don't sit back waiting for the perfect moment. It almost never comes.

—David Viscott

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty."

A moment comes, which comes but rarely in history, when we step out from the old to the new, when an age ends, and when the sound of a nation, long suppressed, finds utterance.

—Jawaharial Nehru, Indian Prime Minister



**“Computers in the future may weigh no more than 1.5 tons.”
Popular Mechanics, 1949**

**“I think there is a world market for maybe five computers.”
-Thomas Watson, IBM Chairman, 1943**

**“I cried because I had no shoes, until I saw a man with no feet”.
-Unknown**

**“I stopped believing in Santa Clause when i was six. Mother took me to see
him in a department store and he asked for my autograph.”
-Shirly Temple**

The End